



# Roecliffe CE Primary School

## PE Rationale

### Intent and Implementation



# PE Intent

'A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.' - **National Curriculum 2014**

## At Roecliffe C of E Primary School, our intent is:

- To develop the children's knowledge, skills and understanding, so that they can perform and compete with increasing competence and confidence in a range of physical activities – these include dance, games, gymnastics, swimming and water safety, athletics and outdoor adventure activities.
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- To promote an understanding in children of their bodies in action.
- To encourage pupils to think, select and apply skills, and develop positive attitudes towards a healthy lifestyle - enabling them to make informed choices about physical activity throughout their lives.
- We provide children's sense of **faith** in themselves and by consistently challenging them in lessons. Children have the **courage** to have a go and be resilient in their development of skills, including opportunities for the children to participate in a range of inter-school sports competitions. We encourage the children to **love** one another and they show this through positive teamwork and encouragement during PE lessons.

# PE Implementation

Each year group from Year 1 to Year 6 have two timetabled lessons of PE each week. EYFS have increased access to outdoor play as well as at least one separate PE lesson per week. PE is taught using the National Curriculum Programme of Study 2014 and lessons may be indoor or outdoor. Lessons include invasion games, net and wall, striking and fielding, athletics, gymnastics and dance.

Roecliffe is part of Sporting Influence and children compete in a wide range of sporting events, as well as events within the local cluster. Within these inter-school competitions, children are celebrated for their social skills: body language, communication, determination, encouragement and respect.

We offer swimming lessons at Ripon Leisure Centre to ensure that all children meet the expected standard. These are mainly aimed at Y3 pupils, but any other children in KS2 who are yet to meet the standard are also encouraged to go.

Residential visits are a key feature of our outdoor education provision and we offer opportunities for pupils throughout KS2 to participate in residential visits.

PE contributes to the teaching of personal, social and health education and citizenship. Children learn about the benefits of exercise and healthy eating, and how to make informed choices to enable them to live healthy lifestyles.

