



## PE Subject Leader Overview: National Curriculum 2014

### The national curriculum for Key Stage 1 PE requires that pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

### The national curriculum for Key Stage 2 PE requires that pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance, for example through athletics and gymnastics
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

**Denotes taught by Specialist**

Subject Area: PE						
EYFS	Autumn 1 <sup>st</sup>	Autumn 2 <sup>nd</sup>	Spring 1 <sup>st</sup>	Spring 2 <sup>nd</sup>	Summer 1 <sup>st</sup>	Summer 2 <sup>nd</sup>
Early Years Foundation Stage	Indoor athletics Throwing/catching	Outdoor Athletics	Outdoor Team skills	Outdoor Running	Outdoor Throwing/catching	Tennis
	Indoor Movement	Indoor Movement	Dance	Indoor Gymnastic agility	Cricket	Outdoor Team games
Key Stage 1	Autumn 1 <sup>st</sup>	Autumn 2 <sup>nd</sup>	Spring 1 <sup>st</sup>	Spring 2 <sup>nd</sup>	Summer 1 <sup>st</sup>	Summer 2 <sup>nd</sup>
Year 1 & 2	Athletics QUAD KIDS: Running, jumping & throwing	Athletics QUAD KIDS: Running, jumping & throwing	Dance	Throwing/Catching Hand-eye coordination	Cricket	Tennis
	Hockey	Gymnastics	Attack & Defence Team games (1)	Cross Country	Football	Throwing & Catching
Key Stage 2	Autumn 1 <sup>st</sup>	Autumn 2 <sup>nd</sup>	Spring 1 <sup>st</sup>	Spring 2 <sup>nd</sup>	Summer 1 <sup>st</sup>	Summer 2 <sup>nd</sup>
Year 3, 4, 5 & 6	Hockey Year 5/6 Swimming Year 5/6	Tri Golf Year 5/6 Swimming Year 5/6	Dance Year 5/6 Swimming Year 5/6	Attack & Defence Team Games Year 5/6 Gymnastics Year 5/6	Cricket Year 5/6 Football Year 5/6	Tennis Year 5/6
	Tag Rugby Year 3/4 Hockey Year 3/4	Athletics Year 3/4 Hockey Year 3/4	Dance Year 3/4 Attack & Defence Team Games Year 3/4	Gymnastics Year 3/4 Swimming Year 3/4	Swimming Year 3/4 Football Year 3/4	Tennis Year 3/4 Swimming Year 3/4